

Microblading Procedure

Congratulations on your new Microblading Permanent Cosmetics! Please follow these instructions to ensure proper healing and maximum color retention. Remember that colors appear brighter and more sharply defined immediately following the procedure. As the healing progresses, color will soften. You should wait to interpret final results until the healing and touch up is complete. A touch-up procedure will be necessary to refresh the color and fill in any places that do not take. Failure to follow post-treatment instructions may cause loss of pigment, discoloration, or infection.

Pre-Treatment Instructions for Procedure

- If possible, do not take aspirin or other blood thinners 5-7 days before the procedure to prevent bleeding. Non-aspirin pain relievers may be taken up to one hour prior to the procedure.
***Important Note: Do NOT discontinue any medications that are prescribed by a physician or which are necessary for your health!
- If you are pregnant, you must have a signed release from your doctor
- Avoid alcohol 24 hours prior to the procedure to prevent bleeding
- If you have a condition that requires you to take antibiotics before a dental visit, you must check with your doctor to determine if antibiotics are needed for permanent cosmetics
- If you are worried about your appearance, do not make social plans for the day of your procedure
- Hair removal may be done prior to your procedure (ex: tweezing, waxing, etc.). Permanent hair removal should not be done five days before or after the procedure
- Botox and skin plumping injections such as Restylane may alter the shape of permanent cosmetics. You must wait until these treatments have worn off (usually 6 months)
- Skin treatments such as Retin-A that thin the skin in the procedure area must be discontinued for at least 30 days prior to the procedure. Check with your dermatologist about specific medications
- Accutane users must be off of Accutane for at least one year
- Procedures cannot be performed over fresh sunburns, including those caused by tanning beds. You must wait until the burn heals
- Patch testing of pigment is recommended before the full procedure

Post-Treatment Instructions for Procedures

- On the first evening after your procedure, take a cloth with warm water and GENTLY pat the procedure area to remove any dried exudate off of your skin. Apply after care product sparingly. This will allow the tissue to heal more quickly.
- Apply the after care product sparingly two to three times per day for one week following the procedure (or until scabs have completely healed) using a clean cotton swab each time; not your fingertips. The after care product is used to prevent infection and minimize crusting. Apply a thin

layer to prevent excessive dryness, and use a clean cotton swab for each dip into the ointment, no double dipping!

- Stay out of the sun. If you must be outside, wear a hat and sunglasses. After the procedure heals, use sunscreen to prevent future fading of pigment color
- Ice may be applied the first day following the procedure for 10-15 minutes per hour for a couple of hours, use a clean tissue to cover the ice bag each time
- Avoid exercise that causes sweating until the procedure area heals
- Avoid contact with water (shower, pools, etc) in the procedure area until the procedure heals
- Do not rub the procedure area while it is healing, pigment may be removed along with crusting tissue
- Avoid makeup, lash/brow tints, and other facial treatments until the procedure heals (5-7 days). Very gentle facial washes and treatments are acceptable after 24 hours as long as the procedure area is avoided
- Avoid gardening and contact with animals for two weeks following the procedure to prevent infection
- Avoid any clothing that may irritate the procedure area
- Your permanent cosmetics will begin to turn darker immediately and for the next 3-4 days. After this, the color will settle back to the original color you chose
- It is normal for some people to have pigment scab or flake off. It is also normal if it does not. Fading or loss of pigment may occur during the healing. There should be pigment under the skin where the pigment has flaked off. If there is no pigment underneath, you may need a touchup
- Color intensity is high immediately after the procedure. Over next 2-3 weeks, the color may lighten up by 50%
- Pigment may come off on your pillow while you sleep, and may stain linens. Use a clean cover that you won't mind staining if this happens
- Symptoms of infection or adverse reaction may or may not occur. They include: excessive redness, swelling, tenderness of procedure site, elevated body temperature, rash, or purulent drainage from the procedure site. If you experience symptoms of infection or adverse reaction, seek medical attention immediately. Please note that some redness, swelling, and tenderness is normal
- You may or may not be allowed to give blood for 1 year following your procedure depending on your state, see your donation specialist for details
- Touch-ups should be scheduled about 6 weeks post procedure. All permanent cosmetic procedures are a two-step process. Results are not determined until a touch-up application is completed
- Please avoid on your new microbladed eyebrows all anti-aging and or acne products that actively stimulate, lighten or brighten the skin